



# NESA DAYS 2018

New European Surgical Academy

*International and Interdisciplinary Congress of the*  
*New European Surgical Academy on*  
**EXCELLENCE IN SURGERY**

**PERUGIA, Italy**

**April 19-20-21, 2018**

*“He is a good surgeon who possesses courage and presence of mind, a hand free from perspiration, tremorless grip of sharp and good instruments, and who carries his operation to success and to the advantage of the patient, who has entrusted his life to the surgeon. The surgeon should respect the absolute surrender and treat his patient as his own son “(Susruta Samhita, 780 BC)*

**Congress President and NESA Secretary General**

**Gian Carlo Di Renzo**, Perugia – Italy

**NESA President**

**Michael Stark**, Berlin – Germany

**NESA Director**

**Tahar Benhidjeb**, Abu Dhabi – UAE

**Congress Coordinator**

**Sandro Gerli**, Perugia – Italy

**ORGANIZING SECRETARIAT**



**Headquarter:** Via Paolo Emilio, 10 - 00192 Roma - Tel. 0039 06 87756870 - 0039 06 3202261 - E-mail: [info@nesadays2018.org](mailto:info@nesadays2018.org)

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## **April 19, Thursday**

**10:00 am - 4:00 pm**

### **PRECONGRESS LIVE SURGERY**

*Scuola di Medicina* – University of Perugia

Participants can follow the performance from the Aula Magna of the “Scuola di Medicina”

#### **Confirmed surgeons:**

*Gennaro Raimondo, Ivan Mazzon, Mario Malzoni, Alberto Mattei, Alfredo Damiani  
Farr Nezhat, Camran Nezhat, Danilo Dodero, Giuseppe Micucci, Geoffrey Cundiff,  
Ettore Mearini, Sandro Gerli, Gabriela Baiocchi*

### **OPENING CEREMONY**

**From 6:00 pm**

Sala dei Notari – Perugia

*Chairpersons:* G.C. Di Renzo, M. Stark, T. Benhidjeb, S. Gerli

#### **Opening lectures:**

***“Highlights in the history of female surgery”***

**Donatella Lippi – Firenze**

***“The global ethics of surgery”***

**Gino Strada – Emergency**

#### **Welcome Cocktail**

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## April 20, Friday

**8:30 am - 10:30 am**

### **Session 1 – Room A**

***“Advances in hysteroscopy”***

***A little look save a lot of talking (Ivor Lewis 1895-1982)***

*Chairpersons: P. Fogarty, UK - G. Raimondo, Italy - A.T. Saremi, Iran*

*T-shaped uterus: resectoscopic treatment - **G. Raimondo, Italy***

*Resectoscopic treatment of placental and abortion residuals - **L. Pacheco, Spain***

*Adenomyomectomy - **A. T. Saremi, Iran***

*..... - **Louis Alonso, Spain***

*..... - **Sergio Haimovich***

### **Session 2 – Room B**

***“Breast surgery”***

***Today it is a marvel, tomorrow it can be in the trash bin (Alexandr Solzhenitsyn 1918-2008)***

*Chairpersons: S. Becker, Germany - P. Gerli, Italy - G. Zografos, Greece*

*How oncology determines surgery: from Halstead to Veronesi – **S. Becker, Germany***

*..... - **P. Gerli, Italy***

**10:30 am**

*Coffee Break*

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**11:00 am - 1:00 pm**

**Session 3 – Room A**

***“Cesarean delivery”***

***The decision is more important than the incision (Robert Lawson Tait 1845-1899)***

*Chairpersons: G.C. Di Renzo, Italy - M. Stark, Germany*

*The epidemics of cesarean delivery and the FIGO initiative to reduce its impact worldwide – G. H. A. Visser, NL*

*Cesarean section in China – Y. Ma, China*

*“TBA” - M. Stark, K. Vetter, Germany*

*Birth in war areas and the impact of cesarean delivery*

*Raffaella Baiocchi, – Emergency*

**Session 4 – Room B**

***“Check list in surgery”***

***A young doctor starts career with 20 drugs per disease and the old physician ends career with one drug per 20 diseases (William Osler 1849-1919)***

*Chairpersons: F. Puma, Italy - P.A. Wetter, USA*

*Post surgery debriefing: the impact on safety, quality management & teaching  
D. Kopelman, Israel*

**1:00 pm - 2:00 pm**

*Lunch Break and Posters View*

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**2:00 pm - 4:00 pm**

**Session 5 – Room A**

***“Experimental surgery”***

***The surgeon who learns the basic precepts of asepsis, hemostasis, adequate exposure, and gentleness to tissue has mastered his/her most difficult lessons (Robert M Zolliger 1903-1992)***

*Chairpersons: F. Nezhat, USA - S. Schulze, Denmark*

*Transoral thyroid surgery: from experiments to clinical implementation  
K. Witzel, Germany - T. Benhidjeb, EAU*

**Session 6 – Room B**

***“Cesarean delivery: complications and morbidity”***

***It is possible that placenta may adhere so firmly as to make it unsafe to separate it with our fingers (Thomas Denman & Michael Ryan, 1836)***

*Chairpersons: P. Benedetti Panici, Italy – G. H. A. Visser, Netherlands*

*Uterine morbidity after caesarean section – A Malvasi, Italy*

*Management of postpartum hemorrhage in placenta previa*

*M. Kurtser, Russia*

*The long term results and chronic pain after cesarean section*

*D. Belci – Croatia*

*Myomectomy during caesarean delivery - Tinelli, Italy*

**4:00 pm**

*Tea Break*

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4:30 pm - 6:00 pm

## Session 7 – Room A

*“Advance in gynecological laparoscopy”*

*Laparoscopy has a definitive role in cases where the trauma of incision is greater than that of excision (Anonymous)*

Chairpersons: A. Mattei, Italy - L. Mettler, Germany - N. Suciu, Romania

*The comprehensive approach for hysterectomies via laparoscopy*

**L. Mettler, Germany**

*Hystero-laparoscopy modern diagnostic and curative approach in infertile patient - N. Suciu, Romania*

*Low pressure laparoscopy with abdominal wall lifter – A. Damiani, Italy*

*Ectopic pregnancy management in different case scenarios*

**A. Kale, India**

## Session 8 – Room B

*“Abdominal surgery”*

*Humans can survive easily without an appendix, but surgeons can do so only with difficulty (Rudolph Virchow 1821-1902)*

Chairpersons: L. Fedele, Italy - J. Sehouli, Germany

*Uterine fundectomy: new surgical technique and indications*

..... - **A T Saremi, Iran**

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## Session 9 – Room C

### *“New Projects and Progress in Oncology”*

*When doctors and scientists became ill, they ask “Who is the best doctor for this problem?” and not “Which multicentre controlled trial would be best for me?” (Emil Jay Freireich 1996)*

Chairpersons: D. Kopelman, Israel - M. Stark, Germany

### *“NESA Viezion Project”*

..... - M. Stark, Germany

..... - Eytan Barnea, USA

**6:30 pm - 7:30 pm** *Light Dinner*

**7:30 pm** Transfer to Assisi by bus

**8:30 pm** *Concert at the Basilica of St. Francis – Chorus of Friars*

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## April 21, Saturday

**8:30 am - 10:30 am**

**Session 10 – Room A**

*“Operative surveillance, post-operative pain”*

*Every surgeon should himself supervise the postoperative treatments  
(John Blair Deaver 1855-1931)*

Chairpersons: A. Donini, Italy - C. Hamori, USA - P. Rozenberg, France

...

...

**Session 11 – Room B**

*“Tele-Surgery and robotics”*

*When did the march of history start breaking into the sprint? (Toon  
Verhoeven, 1995)*

Chairpersons: C. Nezhat, USA - G. Scambia, Italy

*Role of robots and robot arms in minimally invasive surgery - C. Nezhat, USA*

*Evaluation of robotic surgery: multiport, single port, flexible, innovative robots*

*A Forgiione, Italy*

**Special session – Room C**

*“Echology of Birth”*

*Michel Odent, UK & Michael Stark, Germany*

**10:30 am**

*Coffee Break*

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**11:00 am - 1:00 pm**

**Session 12 – Room A**

***“Endometriosis”***

***By applying this broader set of criteria, we were able to uncover substantial, if not irrefutable, evidence that hysteria, the discredited mystery disorder of women, was most likely endometriosis in the majority of cases (Nezhat brothers, 2012)***

**Chairpersons:** L. Adamyan, Russia - M. Malzoni, Italy

***Ultrasound diagnosis of deep infiltrating endometriosis – I. Wolman, Israel***  
***New non-invasive tools in the diagnosis of endometriosis***

***L. Adamyan, Russia***

***Difficulties in laparoscopic treatment of deep infiltrating endometriosis***

***F. Nezhat, USA***

**Session 13 – Room B**

***“Training the surgeons and breaking the dogmas”***

***A good surgeon is a doctor who can operate and knows when not to operate (Theodor Kocher 1841-1917)***

**Chairpersons:** E. Costantini, Italy - P. Riss, Austria - V. Tica, Romania

***Panel on surgical training and education - A. Ivanov, Russia***

***Impact of medical TV Shows on pre-procedural fear and expectations on in-house patients – K. Witzel, Germany***

**1:00 pm - 2:00 pm**

***Lunch Break and Posters View***

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**2:00 pm - 4:00 pm**

**Session 14 – Room A**

**“Urogynecology”**

***Be a perfectionist in everything that you do, but particularly in urogynecology (George D Webster, 2013)***

*Chairpersons: G. Cundiff, Canada - E. Mearini, Italy - D. Richmond, UK*

*Surgical treatment of stress incontinence by methods of robotic surgery*

***I. Kostov – Bulgaria***

*New approach to treat urinary stress incontinence – J. Atad, Israel*

*What is the moral of the “mesh story”? – G. Cundiff, Canada*

*Non-invasive treatment of stress incontinence and other minor problems –*

***Gabriela Baiocchi, Italy***

*Prolapse reconstructive surgery in sexually active women – P. L. Narducci, Italy*

**Session 15 – Room B**

**“Natural orifice surgery”**

***Surgical approach nowadays proposed appears due to demand of society to offer patient methods less and less invasive “surgery without traces” (Tania Gonzalez Leon, 2011)***

*Chairpersons: A Forgione, Italy T. Schneider, NL*

*The anatomical limits of the pouch of Douglas - T. Schneider, NL*

*Recent advances in NOS/NOTES - A. Forgione, Italy*

*New endoscopic and surgical bariatric methods – R. Zarron, Germany*

*Natural orifice surgery: philosophical and bioethical issues towards new conceptions in medicine - L. Cucurachi, Italy*

**4:00 pm**

*Tea Break*

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**4:30 pm - 6:00 pm**

**Session 16 – Room A**

***“Treatment of infertility”***

***It is more important to know the patient who has the disease than to know the disease that has the patient (William Osler 1849-1919)***

*Chairpersons: S. Gerli, Italy - Z. Shoham, Israel*

*Fertility enhancing surgeries-role of minimally invasive surgery*

***R. Sinha, India***

*PNEIFERT: an innovative clinical model for a personalized and participatory care in reproductive medicine and ART - S. Iaccarino, Italy*

***TBA – S. Gerli, Italy***

*Preservation of fertility in cancer patients – Z. Shoham, Israel*

**Session 17 – Room B**

***“The advances in vaginal surgery”***

***No single technique is suited to all cases (Constantino Mendieta, 2006)***

*Chairpersons: D. Dodero, Italy - T. Simoncini, Italy*

*Legal and ethical aspects in gynecological surgery - S. Zaami, Italy*

*Solid state laser for vaginal incontinence - D. Dodero, Italy*

*Non hormonal treatment of vaginal atrophy and preoperative and postoperative management – T. Simoncini, Italy*

**6:00 pm - 6:30 pm**

***Conclusions***

*The Presidents: G.C. Di Renzo, Italy - M. Stark, Germany - T. Benhidjeb, Abu Dhabi  
S. Gerli, Italy*

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